

### Overview

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### What is Sustainability?

- "Sustainable societies are those that embrace ... lifestyles and practices that meet the needs of the present generation without compromising the ability of future generations to meet their own needs."
  - -- U.N. Commission on Sustainable Development.



# Why live more sustainably?

















### Swiss sustainability

 Recycling mandated by Swiss law—responsibility on individual.



Excellent public transport



Strong support of organic and local produce



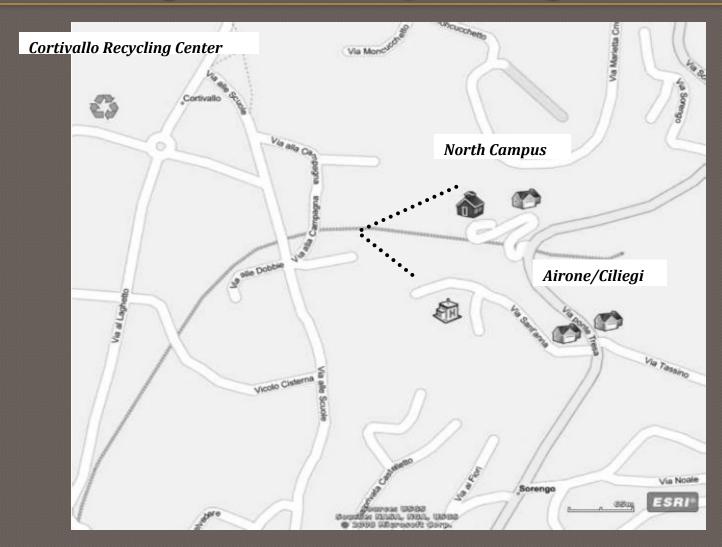
## RECYCLING

## Recycling centers

- Lugano's ecopunti and ecocentri
  - For Alba, Florida, Girasole
  - Ecopunto: Glass, cans, paper, batteries, trash
  - Closest: across from Co-op downtown (back entrance); FFS station parking lot
  - http://www.lugano.ch/en/lugano-urbana/gestione-ambientale/raccolta-rifiuti.html
- Sorengo recycling center (SRC)
  - For Airone, Ciliegi, Giardino, LDV, New Dorms, Panera



# Sorengo's Recycling Center



## Recycling on-campus

- Kaletsch campus
  - Bins for PET and cans inside grotto
  - Bin for glass outside grotto (by art studio)



- North Campus
  - Bins for PET and cans inside grotto
  - Compost bins near garden
    - NB: only put compostable waste in bin!



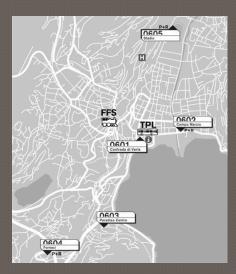
Please rinse all containers before recycling!

### TRANSPORTATION

## Transportation

- The most sustainable methods include:
  - Walking
  - Riding a bicycle
    - Bike-sharing Lugano
      - 24/7 access to rentable bikes from five stations around Lugano
      - Passes and access cards available at Lugano Turismo downtown
      - www.velopass.ch
  - Taking public transportation





## Public Transportation

#### Buses

- Posta Bus (Autopostale)
  - Stops on Via Ponte Tresa by Clinica Sant'Anna and New Dorms.
  - www.postbus.ch

#### TPL Bus

- Runs by Alba, Florida and Girasole residences
- www.tplsa.ch



### Trains

- FLP Train (il Trenino)
  - Stops behind Giardino and North Campus stops
  - Goes to train station, Caslano, Ponte Tresa
  - www.flpsa.ch



- SBB/FFS/CFS
  - Regional and national trains
  - · www.sbb.ch

### Transport passes

#### • Arcobaleno:

- Pass for all public transport in Ticino.
- Student discount.
- Passes can be bought monthly or annually.
- www.arcobaleno.ch (in Italian).

#### Swiss rail half pass:

- Annual pass with 50% discount on all public transport in Switzerland and on many of special offers.
- Also provides 25% on rail tickets in Germany and Austria.
- More info at www.sbb.ch (in English and all CH languages).

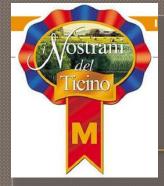
#### Binario 7:

- Supplement to the half pass for persons under 26 that provides free travel on all trains after 19.00 daily.
- NB: Pass representative will be on North Campus 27.08 from 09.00 – 15.00





## FOOD





### Sustainable Food

### Bio Products

- bio = organic = ecological
- Available at most grocery stores including Manor, Migros, and Coop.

### • Local Products

- Labeled in stores
- Local farmer's markets:
  - Lugano: T & Fr mornings
  - Ponte Tresa: Sa mornings
  - Bellinzona: Sa mornings

### Campus Garden



## Simple Tips

- Turn off/Unplug electronics when not in use—lights, computers, chargers, etc.
- Do not use heating or air conditioning with windows open.
- Avoid products with excessive, disposable packaging.
- Use your SIGG bottles on campus—local tap water is better than bottled water!
- Use reusable grocery bags.





### Resources

- Center for Sustainability Initiatives
  - Top Floor, North Campus Villa
  - http://www.fc.edu/center-for-sustainability-initiatives
  - Like us on Facebook!
  - LLLS: Lana Dayne and Sean McErlane
- Office of Student Life

QUESTIONS, COMMENTS, SUGGESTIONS?